

Return to Play – Step 2

BSC Recreational Program

Recreational Program

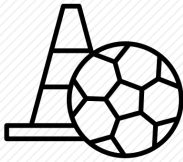




RECREATIONAL ACTIVITIES

UNDER 4 TO UNDER 6 PROGRAM

"INITIATION STAGE"



Skills Development Program

Skills Based Training *In-Person*

- 7-week training program – 60 minute - In-Person sessions (14 Sessions in total)
- **Tuesday & Thursday** at Flower City C.C Mini Fields
- 6:30pm to 7:30pm
- Starts week of July 19 and Ends September 3
- Sessions are led by BSC Technical Leads and Support staff
- Parent/Child Volunteer support is welcomed
- Players will experience and develop Physical Literacy, Ball Mastery, Fundamental Skills and Decision Making within game situations

PARTNERS & ACCREDITATIONS



Tim Hortons

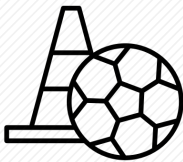




RECREATIONAL ACTIVITIES

UNDER 7 TO UNDER 12 PROGRAM

"FOUNDATION STAGE"



Skills Development Program

Skills Based Training *In-Person*

- 7-week training program – 75 minute - In-Person sessions (14 Sessions in total)
- **Monday & Wednesday** at Flower City C.C Mini Fields
- 6:30pm to 7:45pm
- Starts week of July 19 and Ends September 3
- Sessions are led by BSC Technical Leads and Support staff
- Parent/Child Volunteer support is welcomed
- Players will experience and develop Physical Literacy, Ball Mastery, Fundamental Skills and Decision Making within game situations

PARTNERS & ACCREDITATIONS

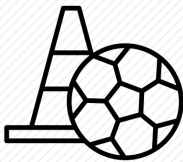




RECREATIONAL ACTIVITIES

UNDER 13 TO UNDER 18 PROGRAM

"IMPROVE STAGE"



11v11 Game Program

11v11 Games program
In-Person

- 8-week Games program – (11v11 Matches – Minimum of 12 Games plus end of year tournament)
- ***Game Nights will be either Monday, Tuesday, Wednesday or Thursday***
- Starts week of July 19 and Ends September 9
- Games will be managed by Coaches and Match Officials
- Parent Volunteer Coaching support is welcomed
- Players will experience and develop Technical & Tactical Skills within game realistic environments
- Game formats will be 11v11

PARTNERS & ACCREDITATIONS

