Return to Play
BSC Recreational Program

Outdoor 2020
Overview:
With Brampton SC now into Phase 2 of Ontario Soccer’s Return to play plan, our club is excited to be offering recreational programming to support players within this development stream.

The structure of the recreational program activities that you will read about in the subsequent pages is adapted to our new realities to ensure we are providing fun, engaging and safe-sport for all players that actively participate.
RECREATIONAL ACTIVITIES

UNDER 4 TO UNDER 6 PROGRAM

"INITIATION STAGE"

Skills Development Program

Skills Based Training

In-Person

- 5-week training program – One Hour In-Person sessions (10 Sessions in total)
- **Tuesday & Thursday** at Flower City C.C Mini Fields
- 6:30pm to 7:30pm
- Starts on August 25 and Ends on September 24
- Sessions are led by BSC Technical Leads and Support staff
- Parent/Child Volunteer support is welcomed
- Players will experience and develop Physical Literacy, Ball Mastery, Fundamental Skills and Decision Making within game situations

- If you do not wish to participate in the above program offering, your registration fee will be credited for the upcoming season and reflected on your Power Up Account
- Once you have confirmed participation in the Skills Development Program, you will be sent the specific details on scheduling and times
RECREATIONAL ACTIVITIES
"FOUNDATION & IMPROVE STAGE"

Under 7 to Under 12
Skills & Game Based Training
**One-Week Camp**
- 5-Day Camp Format
- Monday to Friday from 9am to 12pm
- Location: Creditview/Sandalwood Park (Subject to Change)
- **Week of August 24-28**
- Sessions are led by BSC Technical Leads and Staff
- Sessions will be a combination of Skill Practices and Game based Activities

Under 13 to Under 18
Skills & Game Based Training
**One-Week Camp**
- 5-Day Camp Format
- Monday to Friday from 1pm to 4pm
- Location: Creditview/Sandalwood Park (Subject to Change)
- **Week of August 24-28**
- Sessions are led by BSC Technical Leads and Staff
- Sessions will be a combination of Skill Practices and Game based Activities

<table>
<thead>
<tr>
<th>Camp Overview</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Individual Ball Mastery</td>
<td>Passing &amp; Receiving</td>
<td>Individual &amp; Small Group Defending</td>
<td>Shooting/Finishing</td>
<td>Competition Day</td>
</tr>
<tr>
<td></td>
<td>Small Sided Games</td>
<td>Small Sided Games</td>
<td>Small Sided Games</td>
<td>Small Sided Games</td>
<td></td>
</tr>
</tbody>
</table>

- Once registered for the One Week camp, you will receive the specific details on scheduling, locations and times
- If you do not wish to participate in the Camp format, your registration fee will be credited for the upcoming season and reflected on your Power Up Account
BSC TECHNICAL LEADERSHIP TEAM

Desmond Gardner
Club Head Coach

Joey Lombardi
Director of Player & Coach Development

Brampton SC continues to invest in Technical Leadership to support the club structure and systems across all development streams in our pathway. Having the Right People to Lead the structure is a key strategic objective for Brampton SC and will benefit all key stakeholders in the Now and Future.

Our Technical Team brings a wealth of experience, they have worked many years at the Grassroots level and at the highest levels of the sport Professionally and Internationally. Throughout the Recreational Program offerings, players will get the opportunity to receive training and development from Desmond and Joey.

SAFETY FIRST
THE BELOW PROTOCOLS WILL BE IN PLACE ACROSS ALL PROGRAMS

- Hand Washing / Sanitizer Station
- Field Marshal(s) on-site to manage the Entry/Exit Process
- Pre-Screening & Contact Tracing
- Staff Disinfecting Equipment Pre-Post Sessions
- Social Distancing 6ft – 2 Meters outside of the pitch
Developing the Global Player:
The Brampton SC Development pathway is designed to ensure that more BSC players can reach their full potential by design and not by chance. To support this core objective, our goal is to develop players to be proficient within the Global Player competencies that are to Dominate the ball (Technical Excellence and Taking the initiative), Win 1v1 Duels, Soccer Speed (Speed of Decision Making, Speed of Execution) and possess High Game Intelligence. Our Global Player Profile is a systematic player development model that will ensure that players are well equipped to potentially one day play at higher levels of the game.

Stages of Development:
As players progress through the BSC Grassroots, Recreational, Competitive and OPDL Programs, our club has a comprehensive curriculum that is aligned to stages of development and learning. The curriculum is the Technical Blueprint that encompasses a holistic 4 Corner approach (Technical/Tactical, Physical, Mental, Social/Emotional) to provide players with continuous high-quality training contacts from U4 to U18. Once a player has completed a stage of development, they are prepared to advance into the next stream that will be progressively more challenging and advanced. This systematic progression is based on research of best practice from leading clubs across the world to ensure that Brampton SC is providing the optimal environment to allow players to be the best they can be.

Below is an overview on the Brampton SC Stages of Development.

**INITIATION U4-6**
- Dominating the ball & 1v1 Attacking Duels is the core focus during the initiation & foundation stages of the BSC Curriculum
- During the Foundation stage, Game Intelligence and Soccer Coordination is introduced
- Physical Literacy is a focused development area
- Developing a Passion for the Sport
- Fall in love and have FUN with the game or Fall in love and enjoy the game.

**FOUNDATION U7-9**
- Dominating the ball & 1v1 Duels are progressed with a focus on Game Intelligence & Soccer Speed plus introducing the principles of play
- Coaches utilize modern skill acquisition methods to enhance the players learning and growth
- 4 Corner Competencies & Technical Habits are trained consistently
- Establishing a foundation on the BSC Cultural Habits & Performance Behaviors

**IMPROVE U10-12**
- Dominating the ball, 1v1 Duels, Game Intelligence and Soccer Speed are advanced with greater specificity within the Team’s Game Model
- Coaches utilize modern skill acquisition methods and engage players with question and answer approaches
- 4 Corner Competencies & Technical Habits are trained consistently
- Establishing a foundation on the BSC Cultural Habits & Performance Behaviors

**ADVANCEMENT U13-15**
- Dominating the ball, 1v1 Duels, Game Intelligence and Soccer Speed are advanced with greater specificity within the Team’s Game Model, Tactical Identity & Positional Profiles
- Coaches utilize modern skill acquisition methods and engage players with effective coaching approaches
- 4 Corner Competencies & Technical Habits are trained consistently. The BSC Tactical Identity is introduced at this stage.
- Players are expected to model the BSC Cultural Habits & Performance Behaviors on & off the field consistently

**EXCELLENCE U16-17**
- Dominating the ball, 1v1 Duels, Game Intelligence and Soccer Speed are advanced with greater specificity within the Team’s Game Model, Tactical Identity & Positional Profiles
- Coaches utilize modern skill acquisition methods and engage players with effective coaching approaches
- The development at the excellence stage is highly individualized to enhance strengths and improve performance
- Players are expected to model the BSC Cultural Habits & Performance Behaviors on & off the field consistently
- University and College Scholarship opportunities
4 Corner Development Model:
The Brampton SC 4 Corner model is a holistic approach to training and development that aims to develop the whole person and not just the player. As players progress through the stages of development, their 4 Corner competencies will evolve, and the desired outcome of our pathway is the following:
1. Players who can apply the right technique on demand while under pressure and in tight spaces
2. Players who possess the physical qualities to play at a high tempo across the full duration of a match
3. Players with confidence and love for the sport
4. Players who model positive behaviors on/off the field

Brampton SC Player Pathway Overview:
The BSC Player Pathway is aligned across all streams to provide players from all talent levels with a program that will meet their specific developmental needs. This systematic process will promote players to move up the pathway at the right through our Talent Identification processes and scouting. At the grassroots stage, our goal is to enable players to experience their first kicks in soccer, develop a love for the sport and provide a foundation of skills. Once a player has completed their grassroots development, they may graduate into our Talent Development programs (Rep Teams) or continue developing and learning in the recreational programs. The final phase within our player pathway is the Performance Development Stream – This Stream is our OPDL Program, which is a best with best training and competition environment to expose our talented players to the highest level of soccer within Ontario.

Below is an overview on the Brampton SC Player Pathway: