



	Theme	Download Link
Training Videos	BSC Home Program Week #1 Highlights	https://rebrand.ly/HP_Week1
	BSC Home Program Week #2 Highlights	https://rebrand.ly/HP_Week2
	Coerver Skills Home Program – Refence Material	https://rebrand.ly/Coerver_HP
	Coerver Ball Mastery – Beginner Program	https://rebrand.ly/Coerver_BM_BGR
	Coerver Ball Mastery – Intermediate Program	https://rebrand.ly/Coerver_BM_ITM
	Coerver Ball Mastery – Advanced Program	https://rebrand.ly/Coerver_BM_ADV
	Simon Smith FA Goalkeeper Skills Training Video	https://rebrand.ly/SS_GK
	Man United Skills Program	https://rebrand.ly/Man_UTD
Best Practice Positional Videos	GK – Alisson Distribution – Positional Profile	https://rebrand.ly/GK_Alisson
	CB – Gary Cahill – Positional Profile	https://rebrand.ly/Cahill
	CB – Sergio Ramos – Positional Profile	https://rebrand.ly/CB_Ramos
	RB – Kyle Walker – Positional Profile	https://rebrand.ly/Walker
	LB – Marcelo – Positional Profile	https://rebrand.ly/LB_Marcelo
	HMF – Sergio Busquets – Positional Profile	https://rebrand.ly/Busquets
	AMF – Kevin De Bruyne – Positional Profile	https://rebrand.ly/DeBruyne
	AMF – Toni Kroos – Positional Profile	https://rebrand.ly/Kroos
	WFWD – Neymar – Positional Profile	https://rebrand.ly/Neymar
	WFWD – Salah – Positional Profile	https://rebrand.ly/LW_Salah
	CFWD – Luis Suarez – Positional Profile	https://rebrand.ly/FWD_Suarez
Best Practice Individual Skill Videos	Angel Di Maria – Skills Video	https://rebrand.ly/SK_DiMaria
	Neymar – Skills Video	https://rebrand.ly/SK_Neymar
	Eden Hazard - Skills Video	https://rebrand.ly/SK_Hazard
	Lionel Messi – Skills Video	https://rebrand.ly/SK_Messi
	Nicholas Pepe – Skills Video	https://rebrand.ly/SK_Pepe
	Christian Pulisic – Skills Video	https://rebrand.ly/SK_Pulisic
	Allan Saint Maximin – Skills Video	https://rebrand.ly/SK_SaintMaximin
	Jadon Sancho - Skills Video	https://rebrand.ly/SK_Sancho
	Adama Traore – Skills Video	https://rebrand.ly/SK_Traore
	Wilfried Zaha – Skills Video	https://rebrand.ly/SK_Zaha





Respond via email to your Team Coach

Task #1 – Positional Profiles

Download the below videos to begin task #1:

- **Suarez** - <https://temp-hudlvid.s3.amazonaws.com/641221/397180/0ad/5e6db9abab9225093c5a50ad/5e6db9abab9225093c5a50ad.mp4>
- **Pirlo** - <https://temp-hudlvid.s3.amazonaws.com/641221/397180/3b5/5e6db809578df108b89793b5/5e6db809578df108b89793b5.mp4>
- **Iniesta** - <https://temp-hudlvid.s3.amazonaws.com/641221/397180/a1b/5e6dbaf696800809f0f58a1b/5e6dbaf696800809f0f58a1b.mp4>
- **Question #1** – List the core habits that you identify in the 3 Clips ?
- **Question #2** – How can you apply these habits within your positional role at Brampton SC ?
- **Question #3** – What are the three areas that you will keep or start doing based on your analysis of the clips?

Task #2 - Technical Habits

Download the below videos to begin task #2

- **Kante Defending Skills** – <https://temp-hudlvid.s3.amazonaws.com/641221/397180/535/5e6dc00cff032a08cc52f535/5e6dc00cff032a08cc52f535.mp4>
- **Salah – Finishing Skills** - <https://temp-hudlvid.s3.amazonaws.com/641221/397180/15a/5e6dba3015f5e00c302f515a/5e6dba3015f5e00c302f515a.mp4>
- **Sane Dribbling Skills** – <https://temp-hudlvid.s3.amazonaws.com/641221/397180/878/5e6dbc5e3df5f512fc98a878/5e6dbc5e3df5f512fc98a878.mp4>
- **Question #1** – Describe each player that were highlighted with 3 words that describe their main strengths ?
- **Question #2** – List the top 5 areas for each habit (Defending, Finishing, Dribbling) ?
- **Question #3** – What are the three areas that you will keep or start doing based on your analysis of the clips ?

Task #3 – Tactical Excellence

Download the below videos to begin task #3

- **Ajax Hunt** – <https://temp-hudlvid.s3.amazonaws.com/641221/397180/e9d/5e6db75b6899720b10c54e9d/5e6db75b6899720b10c54e9d.mp4>
- **Ajax Adaptability** – <https://temp-hudlvid.s3.amazonaws.com/641221/397180/fd8/5e6db71715f5e00c302f4fd8/5e6db71715f5e00c302f4fd8.mp4>
- **MCI U18's Build Up** – <https://temp-hudlvid.s3.amazonaws.com/641221/397180/d46/5e6db47ad21c4c0df4364d46/5e6db47ad21c4c0df4364d46.mp4>
- **Leeds Support** - <https://temp-hudlvid.s3.amazonaws.com/641221/397180/e79/5e6db1446899720b10c54e79/5e6db1446899720b10c54e79.mp4>
- **Question #1** – List 3 tactical strategies that were used in each video and explain their effectiveness ?
- **Question #2** – Describe in 3 words the identity for Ajax, Manchester City U18's and Leeds United ?
- **Question #3** - What are the three areas that your TEAM will need to keep or start doing based on your analysis of the clips ?





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Task #4 – Man City Game Analysis

Download the below videos to begin task #4:

Game	Team to Analyze	Game Moment	Download Link
Man City vs Aston Villa	Manchester City	Attacking Organization	https://rebrand.ly/MCivAVI

Task #4 - Game Analysis Task:

What is the Identity of Man City – List 3 Points?	What Skills/Habits do Man City Players demonstrate to effectively build their attacks – List 3 points?	What are the 3 Biggest Learnings from this analysis that you can apply in your own performance?
1. - 2. - 3. -	1. - 2. - 3. -	1. - 2. - 3. -

Task #5 – Liverpool Game Analysis

Download the below videos to begin task #4:

Game	Team to Analyze	Game Moment	Download Link
Liverpool vs Wolves	Liverpool	Attacking Transition	https://rebrand.ly/LIVvWOL

Task #5 - Game Analysis Task:

What is the Identity of Liverpool – List 3 Points?	What Skills/Habits do Liverpool Players demonstrate to effectively transition to Attack – List 3 points?	What are the 3 Biggest Learnings from this analysis that you can apply in your own performance?
1. - 2. - 3. -	1. - 2. - 3. -	1. - 2. - 3. -





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Task #6 – Leeds United Game Analysis

Download the below videos to begin task #4:

Game	Team to Analyze	Game Moment	Download Link
Leeds vs Arsenal	Leeds (Light Blue)	Defensive Transition	https://rebrand.ly/LEUvARS

Task #4 - Game Analysis Task:

What is the Identity of Leeds United – List 3 Points?	What Skills/Habits do Leeds Players demonstrate to effectively transition to Defend – List 3 points?	What are the 3 Biggest Learnings from this analysis that you can apply in your own performance?
1. - 2. - 3. -	1. - 2. - 3. -	1. - 2. - 3. -

Task #7 – Chelsea Game Analysis

Download the below videos to begin task #4:

Game	Team to Analyze	Game Moment	Download Link
Chelsea v Brighton	Brighton	Defensive Organization	https://rebrand.ly/CHEvBR

Task #5 - Game Analysis Task:

What is the Identity of Chelsea – List 3 Points?	What Skills/Habits do Chelsea Players demonstrate to effectively pressure the opponent – List 3 points?	What are the 3 Biggest Learnings from this analysis that you can apply in your own performance?
1. - 2. - 3. -	1. - 2. - 3. -	1. - 2. - 3. -

