

COACHES MANUAL

Outdoor Season 2019



BRAMPTON SOCCER CLUB – CODE OF CONDUCT

This Code of Conduct identifies the standard of behaviour, which is expected of all Club members, including players, coaches, parents, directors, officials, managers, volunteers and employees.

The Club is committed to providing a sport environment in which all individuals are treated with respect and integrity. Members of the Club shall conduct themselves always in a fair and responsible manner. Members shall refrain from comments or behaviours that are disrespectful, offensive, abusive, racist or sexist.

In particular, the Club will not tolerate behaviour that constitutes harassment or abuse

During the course of all Club activities and events, members shall avoid behaviour, which brings the Club or the sport of soccer into disrepute, including but not limited to abusive use of alcohol and non-medical use of drugs.

It is the belief of the Club that all Club Members will conduct themselves in a manner that:

- Respects officials, opponents, representatives of other soccer clubs, parents, players and coaches;
- Promotes fair play and skill development;
- Enhances the reputation of the Club;
- Acts with integrity, respects and gives fair consideration to diverse and opposing viewpoints;
- Not represent the organization unless authorized to do so;
- Not be influenced by self-interest or outside pressure and declare to the Board any apparent or real conflict of interest in accordance with the organization's By-Laws and Policies (OSA Conflict of Interest Policy);
- Respect the confidentiality of the Club information, unless the Board determines that such information is public;
- Adds to the enjoyment of the game for all participants; and
- Ensure that the financial affairs of the organization are conducted in a responsible and transparent manner.

The Club expects that the standards of behaviour outlined in this Code of Conduct to be followed by everyone.

Failure to comply with this Code of Conduct will result in the member losing privileges that come with membership of the Club, including the opportunity to participate in activities.



BSC CODE OF CONDUCT AGREEMENT

Name	
Address	
City / Postal Code	
Telephone	
	y signature indicates that I have read and understood the agree to conduct myself in accordance with the Values and Code
	 Date





"Call it both ways!!" "You're blind!!" "Blow your whistle!!" "Open your eyes!!" "You need glasses!!"

Do these phrases sound familiar? They probably do if you're a match official, or if you're a parent trying to enjoy your child's soccer game on the sidelines.

Contempt and disrespect towards House League Match Officials continues to plague both sidelines, from disgruntled spectators who feel that everything is being called against their team, to screaming coaches who seem to have a better view from 60 yards away.

Needless to say, there is a very high probability that the majority of these 'sideline officials' have never bothered to take a match official class or made an attempt to read the current Laws of the Game.

Being a soccer match official is not an easy task, it is something that requires concentration, patience, excellent communication skills, fitness, and most of all judgement based on the rules of the game.

It is this judgement that usually comes under extreme criticism often regardless of the level of competition.

Our youth soccer match officials arguably have one of the toughest officiating jobs. This is due to the number of players involved (from 5 v5 to an 11v11 game), the large area to cover, the continuous action, and the split-second decisions which are usually correct only 50% of the time based on sideline remarks.

Given these circumstances, one would think that both coaches and spectators would be more understanding when a call is either missed or judged incorrectly.

Brampton Soccer Club, has absolutely no intent to lose match officials, especially young match officials, due to harassment and intimidation from spectators and coaches. Once the shouting and crude remarks aimed at officials begins from the sidelines, it is certainly to be followed by the players on the field.

Our Match Officials are not perfect; however, no House League Match Official deserves to be verbally or physically abused.

Both Parents and Coaches have a responsibility to teach their children/players the importance of being respectful to a person in authority, and in a soccer game, the match official is that person, regardless whether it is a 13-year old or a more senior person.

Could our House League Soccer, function without match officials? Probably not!

It is critical for Brampton Soccer Club to encourage its membership to learn all sides of the game. So next time you reach your boiling point at a game due to what you consider to be poor officiating, ask yourself the following questions,

"Would I be yelling if my child or other family member was the match official?" "Can I do better?"

I would like to say that in most cases, the answer to the first question is most likely "NO", but as we all know, there are always exceptions to the rule.

If the answer to the second question is "YES" and you are not currently a certified official, then make sure to register for the next match official class and become part of the solution.

If the answer is "NO", then do not make any comments.

BSC Discipline.



COACHES CODE of CONDUCT

It is the responsibility of all coaches to maintain the highest standards of conduct for themselves, their players and supporters in all matches. Failure to do so undermines the match official's authority and the integrity of the game resulting in a hostile environment for players, match officials, coaches, assistant coaches and spectators. As role models for all of the participants and spectators, coaches participating in a Brampton Soccer Club sanctioned event are expected to be supportive of, and to acknowledge the effort, good play and sportsmanship on the part of ALL players from either team in a contest.

By example, coaches and assistant coaches are expected to show that although they are competing in a game, they have respect for their opponent and match officials at all times. BSC will not tolerate negative behavior exhibited either by demonstrative actions and gestures, or verbally by ill-intentioned remarks, including those addressed toward the match official(s) or members of an opposing team. Coaches exhibiting hostile, negative, sarcastic or otherwise ill-intended behavior toward match official(s), opposing players or coaches will be subject to sanction by the match official, and BSC

Responsibilities to the Laws of the Game

- 1. Coaches should be thoroughly acquainted with and demonstrate a working knowledge of the Laws of the Game.
- 2. Coaches are responsible to assure their players understand the intent as well as the application of the Laws.
- 3. Coaches must adhere to The Philosophy and Spirit of the Laws
- 4. Coaches are responsible for their players' actions on the field and must not permit those to perform with intent of causing injury to opposing players.
- 5. The coach must constantly strive to teach good sporting behavior.

Responsibility to Match Officials

- 1. Match Officials must have the support of coaches, players and spectators.
- 2. Coaches must always refrain from criticizing officials in the presence of players or spectators.
- 3. Professional respect, before, during and after the game should be mutual. There should be no demeaning dialogue or gestures between official, coach or players.
- 4. Coaches must not incite players or spectators or attempt to disrupt the flow of the games.
- 5. Comments regarding an official should be made in writing to the Club, via the game evaluation form.
- 6. Coaches should not approach officials after the game to discuss calls.
- 7. Coaches shall not offer dissent to any call made by the match official (s) at any time.
- 8. Coaches are not to address the match official(s) during the game except to:
- 9. Respond to a match official who has initiated a conversation.
 - a. Point out emergency or safety issues.
 - b. Make substitutions.
 - c. Ask the match official, "What is the proper restart (i.e. direction and Indirect Free Kick or Direct Free Kick)"?
 - d. Ask for the time remaining in the half.

Any member of the Coaching Staff reported by the Game Official, will receive a minimum of a two (2) game suspension



BSC COACHES CODE OF CONDUCT AGREEMENT

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ZERO TOLERANCE POLICY

When a match official feels that either a Coach or Parent/Spectator is abusing them, the official will be allowed to suspend the playing of the game.

The official will then verbally advise both coaches that the game has been stopped due to the abuse and inform both coaches as to the source of the abuse.

If the source is a Parent/Spectator, the appropriate coach will provide the official with the name of the Parent/Spectator and the coach must advise the Parent/Spectator that the next occurrence of a similar nature will result in abandonment of the game, and remind the Parents of the BSC, Parents Code of Conduct which they signed. If the Parent/Spectator is not associated with either team, both coaches are asked to speak to the Spectator and ask the individual to leave, If the abuse continues, the official will be allowed to stop any further playing of the game and advise the coaches that the game has been abandoned and that a Special Incident Report will be forwarded to BSC Discipline.

The official must clearly indicate on the game sheet that the game was abandoned due to abuse.

If the source is one of the coaches, the official will advise the coach that the next occurrence of a similar nature will result in an abandonment of the game and that a report will be sent to Discipline for review.

A Special Incident Report, must be then forwarded to the BSC office within 48 hours.

The report will then be reviewed and action taken as per the guidelines listed below.

Guidelines

Any Team official ejected from a game, will cause the game to be abandoned.

In age groups where standings are recorded the Non-offending team will be awarded 3 points and the score recorded as 3-0 win for the non-offending team.

Offending Team Official will serve a minimum 2 game suspension. Repeat offences will result in the removal of the Coach.



THE PHILOSOPHY AND SPIRIT OF THE LAWS

(Please note Soccer is replaced by Football)

Football is the greatest sport on earth. It is played in every country and at many different levels. The Laws of the Game are the same for all football throughout the world from the FIFA World Cup Final through to a game between young children in a remote village.

That the same Laws apply in every match in every confederation, country, town and village throughout the world is a considerable strength which must be preserved. This is also an opportunity which must be harnessed for the good of football everywhere.

Football must have Laws which keep the game 'fair' as a crucial foundation of the beauty of the 'beautiful game' is its fairness – this is a vital feature of the 'spirit' of the game. The best matches are those where the match official is rarely needed as the players play with respect for each other, the match officials and the Laws.

Football must be attractive and enjoyable for players, match officials, coaches, as well as spectators, administrators etc. The Laws must help make the game attractive and enjoyable so people, regardless of age, race, religion, culture, ethnicity, gender, sexual orientation, disability etc. want to take part and enjoy their involvement with football.

Football's Laws are relatively simple, compared to other team sports, but as many situations are 'subjective' and match officials are human (and thus make mistakes) some decisions will inevitably cause debate and discussion. For some people, this discussion is part of the game's enjoyment and attraction but, whether decisions are right or wrong the 'spirit' of the game requires that match officials' decisions are always respected.

As we kick-off the inaugural season of the Brampton Soccer Club: Remember:

The official(s) who officiates in our games, are indeed FIFA's Sole Representative(s), therefore their role is to maintain the integrity of the Laws of the Game and apply them.

The Official(s) must always be protected and respected.

All those in authority, especially coaches, have a clear responsibility to the game to respect the match official(s) and their decisions.



House League Coaches,

Everything is done online, and to do this you will need to have a coach's account with the Club.

LOG IN

GO TO → PowerUp link... https://bramptonsc.powerupsports.com/

Log in using the same information you used to register;

- Your email address is your login, and
- Use the password you set up for the account.

If you are having with your password, please contact Anabela to have it reset.

ACCESSING INFORMATION

NEW Coach -

If you are a new coach, you must review your application, and save it to continue;
 Make sure it shows Outdoor 2019 on the top right-hand corner, if not,
 Click on Outdoor 2019.

Accessing team information -

- Once logged in, select your role in the top left-hand corner
- o To access your team roster
 - click on manage;
 - then click on team roster
 - Click on your team

Your team roster and all the pertinent information will appear.

Tip → Print a copy of your team roster –

This will aide you when you hand out uniforms, allowing you to write player jersey numbers alongside their names for game sheets.

CLUB TOOLS

Mass Emailer -

- Click on your team (must be highlighted in blue);
- Then click on parents/players' tab, on the right-hand side;
- You must write something in the subject box of your email, otherwise it will not send;
- Compose your email and hit submit;
- You will be asked to confirm your submission hit submit again;
- o You will receive a notification at the top of the page when the email has been successfully sent.



Players -

- Players' jersey numbers must be entered beside each player;
- Hit save after each entry;
- Game sheets are populated from this area; therefore, it is imperative each player is identified accurately – name and number assignment.
- o Player ratings are entered here * Refer to Player Rating information page attached.

Game Sheets -

- o It is the home teams' responsibility to print game sheets for each game.
- o Match Officials must be provided complete game sheets at the start of each game.

How to Access your Team Schedules -

- Team schedules are found on the BSC website;
- o GO TO → PowerUp link... https://bramptonsc.powerupsports.com/ DON'T LOGIN
 - Select schedules;
 - This will take you to the MEMBER ZONE page;
 - o There are 5 tabs on the left-hand side panel click on SCHEDULES
 - Select SEASON from the drop-down menu;
 - Then select your team

(Team information is provided by Club to coach, and communicated to parents/guardians and players.).

It is good practice to check your schedule on a weekly basis, and send communication to team parents/guardians promptly notifying of schedule changes or simply weekly game / training schedule reminders.

Please do not hesitate to contact Anabela at anabela@bramptonsc.com or call the office, if you have any questions or concerns.



HOUSE LEAGUE PLAYER RATING *

Player Ratings are to be completed **ONLINE** at the **END of each SEASON**

Coaches must rate each player on their team roster at the end of the season and notify the Club administrator when they have done so (Ideally two weeks prior to end of season).

The Ratings are input from your online coaches account

The player rating level is as follows:

- **Level A** Above Average
- **Level B** Average
- **Level C** Below Average

Please also include each player position alongside their grade.

Example:

- John Smith A Forward
- Peter Fold C Midfield

We appreciate all the time and effort that has been afforded in completing each player rating. Your input is valuable to us as it helps us promote fair play and skill development; as well as ensures our athletes continued success on the field.



COACHES TIPS AND TRICKS

Getting Started -

Contact all players, once your team roster has been released.
 Parents/Guardians are anxiously waiting for Club contact as the season approaches.

Initial contact -

Is to be done via Club website by sending a mass email to your team.

Email Content to Parents/Guardians –

- Introduce yourself;
- o Provide team information Example: U7 Division A Team colour;
- o It is important to provide team identification as this is a requirement to obtain team schedule online.
- Include practice night (time and venue);
- Request a read receipt and/ or an email confirming your email has been received to ensure communication has not failed.

No Response from Parents/Guardians -

o If no response is received, following 48 hours – place a call to the parent/guardian. You must introduce yourself, provide your contact information (You may provide your telephone number if you so choose.), verify parent/guardian contact information on file to ensure data is correct. In addition, ask parent/guardian to check their junk mail in the event Club emails hit a filter and sent to a junk folder.

Parents/Guardians Information Not in Service / Not Valid -

- Contact the office via email at <u>officeadmin@bramptonsc.com</u>, if you have trouble contacting players,
 i.e. telephone number is not in service or email is not correct.
 - EMAIL SUBJECT LINE: PLAYER NAME, your TEAM and CONCERN i.e. John Smith // U7A- Royal Blue // No Contact Information

The Club may have access to information at the office that is not accessible from the coach's forum on our website. The Club administrator will respond to your email and provide quidance.

How to Book Summer Training Field // Winter School Gym -

o Contact Anabela at anabela@bramptonsc.com

Tip → Carry your field permit (summer) or a gym permit (winter) with you at ALL TIMES.

This prevents conflict on training day – it's not unusual to encounter another team on your permitted field insisting they are the permit holder. Human error occurs and there may be a double booking. **The coach with the permit on hand will be allotted the field.**



Field Maps -

Go To → BSC website www.bramptonsc.com -

Field maps may be found under the 'Facilities' tab

Equipment -

- The Club will provide 1 game ball and a practice ball for each player;
- The Club does <u>NOT</u> supply training equipment extra balls, cones, goalie gloves, or practice nets, but we do not discourage their use (unless unsafe)
- o It would be a good idea to carry an air pump (bicycle pump) and an inflation pin in your kit for any soft balls.

Training Aides -

The Club has Coaching Manuals on our website for ages U4 to U18, for your use.

A great resource at your fingertips -

GO TO → BSC website www.bramptonsc.com -

Click 'Forms and Publications

In addition, there are many resources on the internet available to you –

GO TO → OS website https://www.ontariosoccer.net/grassroots-video-practices

Enjoy a series of grassroots practice videos

GO TO → GOOGLE -

- Search free kid's soccer drills;
- You will not be disappointed the results are infinite.

Player Pictures -

The Club provides a team and individual player photo each outdoor season.

Game Sheets -

Game sheets are available on the Club website in your coaches account.

You as a coach (home and/or away) must bring a copy of the 'GAME SHEET' to your game each week.

No Match Official -

We endeavor to provide a match official for each game, however due to unforeseen circumstances we may have a cancellation.

 The Official Policy is: one coach match officials the first half of the match and the opposing coach match officials the second half of the match or a mutually agreeable to both coaches is assigned the duty.



BSC Brochure -

Please read the Club brochure in your package. Parents/Guardians will ask you many questions that you may not know the answers to, and the brochure will be a key reference guide.

The brochure contains the following information:

- Program description and rates;
- Late fees;
- o Refund policies, and
- Key dates.

Use the brochure as a reference tool, and if you are not clear on a matter do not interpret Club Policy – simply ask. **Contact the office we are here to assist you.**

BSC Website - <u>www.bramptonsc.com</u>

We encourage coaches, parents and players to visit the Club website frequently, to remain updated on up and coming events, programs, inclement weather etc.

The Club website is a valuable tool. It provides the information you need to succeed.

Contact Us -

The Club contact information is listed on our website; except for Club Staff and Executives the information can also be found on our brochures.

Which includes:

- Offices:
- Addresses;
- Telephone numbers, and
- o Hours.

To contact Club Staff and Executives, visit our website at www.bramptonsc.com.

Important Dates -

May 21 Outdoor Season Begins

June 14 & 15 Picture Day (check your schedule for times)

August 24 Micro, Mini, Junior FUN DAY

August 24 Indoor Season Registration Begins

November 9 Indoor Season Begins

Good luck, have fun (coaches too) and have a great season!

Thank you, for your kind support of the

Brampton Soccer Club.



HOUSE LEAGUE OUTDOOR RULES

Field of Play

The "home" team bench is on the left side and the "away" team bench is on the right side, looking on from the centre of the field. Coaches may only coach within THREE (3) metres left or right of their team bench and one metre from the sideline. Substitute players must remain on the team bench. Spectators must remain in their designated areas, away from the team benches. Spectators may not stay behind goalkeeper.

The "home" team is responsible for providing the game sheet and game ball (the "home" team is the team listed first on the schedule). Coaches must ensure that game sheets are fully legible and correctly filled in and must reach the Match Official before the game begins.

Ball Size

Size 3 for players Under 06 to 08

Size 4 for players Under 09 to 12

Size 5 for players Under 13 to 18

Number of Players

U6 • 5 v 5 FIVE (5) a-side (with KEEPER) OR • 4 v 4 FOUR (4) a-side (No KEEPER)

U7 • 5 v 5 FIVE (5) a-side (with KEEPER) OR • 4 v 4 FOUR (4) a-side (No KEEPER)

U8 • 5 v 5 FIVE (5) a-side (with KEEPER) OR • 4 v 4 FOUR (4) a-side (No KEEPER)

U9 • 7 v 7 SEVEN (7) a-side (with KEEPER)

U10 • 7 v 7 SEVEN (7) a-side (with KEEPER)

U11 • 9 v 9 NINE (9) a-side (with KEEPER)

U12 • 9 v 9 NINE (9) a-side (with KEEPER)

U13 to U18 • 11 v 11 ELEVEN (11) a-side (with KEEPER)

Teams must field a minimum number of players within TEN (10) minutes of the scheduled start time. Any team failing to field the minimum number of players will forfeit the game to their opponents by a score of 1-0 with no scorer accredited, except U6. Scores that are posted on the system for U9 to U12 age groups are for match official purposes only, as there are no standings kept in these age groups. If both teams are unable to field the minimum number of players then both teams forfeit the game. If game is forfeited by both teams due to insufficient players a 0 - 0 SCORE is given. If a match official calls a game for some unforeseen reason. Please note that any game played after the game has been called off would not be counted and can be rescheduled within 3 to 5 days by the Facility Director.



Minimum Number of Players TO START a GAME IS 4 v 4 U6 is four (4) players
Minimum Number of Players TO START a GAME IS 5 v 5 U7 is five (5) players
Minimum Number of Players TO START a GAME IS 5 v 5 U8 is five (5) players
Minimum Number of Players TO START a GAME IS 7 v 7 U9 and U10 is seven (7) players
Minimum Number of Players TO START a GAME IS 9 v 9 U11 and U12 is seven (7) players
Minimum Number of Players TO START A GAME IS 11 v 11 U13 and up to U18 is seven (7) players

Duration of Games

The duration of league and cup games are as follows:

UNDER 06 - 40 minutes, 2 x 20 minute halves

UNDER 07 - 40 minutes, 2 x 20 minute halves

UNDER 08 - 40 minutes, 2 x 20 minute halves

UNDER 09 - 40 minutes, 2 x 20 minute halves

UNDER 10 - 50 minutes, 2 x 25 minute halves

UNDER 11 – 60 minutes, 2 x 30 minute halves

UNDER 12 – 60 minutes, 2 x 30 minute halves

UNDER 13 – 70 minutes, 2 x 35 minute halves

UNDER 14 – 70 minutes, 2 x 35 minute halves

UNDER 15 - 80 minutes, 2 x 40 minute halves

UNDER 16 -18 – 90 minutes, 2 x 45 minute halves

Substitutions for U6, U7, U8 age groups will be allowed at the following times:

• Ball is out of play or any stoppage of play (unlimited).

Substitutions for U9 to U18 age groups will be allowed at the following times:

- After a goal has been scored
- At a goal kick
- At the beginning of the second half or the first half of Overtime play.
- At a throw-in for the team with ball possession. This will not allow the opposing team to change at the same time.
- As a result of an injury at the discretion of the match official

In the event of a game not being completed due to insufficient light, weather conditions or if abandoned by the Match Official, the game will be replayed unless at least ten (10) minutes of the second half has been played. The Match Official's time will be the official time.

All rescheduled games will be at the discretion of the Field Director and will be based on availability of fields. For playoff and cup final games, in the event of a tie after regular time, the game will be decided by the taking of penalty kicks as per OSA rules. 8



Game shall go right into Penalty Kicks – No overtime. After Regular time of play, game goes straight into Penalty kicks. Coin toss will decide and the winner who can pick side and either go 1st or 2nd in taking penalty shots. Five players from the each team (need to be on field at last time of play) take the penalty kicks. This goes for the same order of players if still tied and going into Golden Goal. Exception is if a player is injured he can be replaced at Match Official's discretion and the Match Official's decision is final (see Law 5)

Law 5 in FIFA Rule Book:

- 1. The Authority of the Match Official
- 2. Powers and Duties
- 3. Decision of the Match Official

MINI SOCCER U6, U7, U8, U9, U10

Start of Game – At the beginning of the game, choice of halves and kick-off shall be decided by the toss of a coin. The team that wins the toss shall decide which goal to attack in the first half. The other team will take kick-off. At a kickoff, all players shall be in their own half of the field of play.

Kick Off – All players opposing the team taking the kick-off shall be not less than six (6) yards (5.5 meters) from the ball until it is kicked-off. The game shall be started when the ball is kicked forward into the opponents half of the field. Should the player taking the kick-off play or touch the ball a second time before it has been played or touched by another player, a free-kick shall be awarded to the opposing team. A goal may not be scored directly from a kick-off.

U6 to U10 - There are no offside and no penalty kicks.

U11 to U18 – There will be offside and penalty kicks called.

Goals – After a goal has been scored, the game shall be restarted by a kick-off, to be taken by a player of the team against which the goal was scored.

Dribble or Pass Ins:

U6, U7 & U8 - The ball can be kicked-in or dribbled-in as opposed to thrown-in. At the taking of a kick-in all opponents must be at least six (6) yards from the ball. A goal may NOT be scored directly from a kick-in and must be touched by another player from a dribble in.

U9 & U10 - The ball shall be kicked-in as opposed to thrown-in. At the taking of a kick-in all opponents must be at least six (6) yards from the ball. A goal may NOT be scored directly from a kick-in.

U11 – U18 – The ball is to be thrown-in as opposed to kicked-in.



Free Kicks - All are indirect and opposing players must remain six (6) yards from the ball while such kicks are being taken. Any foul committed by the defending team in the goal area will result in a free kick; to be taken by the opposing team from outside the goal area. NO DIRECT KICKS or PENALTY KICKS should be awarded.

Goal Kicks – On all goal kicks, teams are asked to pull back to the retreat line to allow the team with the goal kick to play out of the back, once the ball is played into play and has been touched by another player, the opposing team can advance.

Retreat Line

U6 - Mid-field line (half - 1/2 of field)

U7 - Mid-field line (half - 1/2 of field)

U8 - Mid-field line (half - 1/2 of field)

U9 - Defence line (one third - 1/3 of field)

U10 - Defence line (one third - 1/3 of field)

U11 - Defence line (one third - 1/3 of field)

U12 - Defence line (one third - 1/3 of field)

U13 to U18 – No Retreat Line

Match Officials

Match Officials will be appointed by the Match Official Director/Coordinator. In the event of the non-appearance of the Match Official, the opposing teams must agree on a suitable substitute and the game must be played. In the event that a mutually agreed Match Official cannot be found, then each coach or their representative must officiate for one half of the game. The "home" coach will match official the first half and the "away" coach the second half. If there is no match official, please email the Club office with the date, time, age group, field etc. within 24 hours after game has been played



SIN BIN

I would propose that the Sin Bin rule be introduced to the outdoor.

No more than 2 players in the Sin bin at the same time,

If 3rd player is put in Sin Bin, team will go to the box, but his time will start when one of the other Sin Bin occupants leave.

Team will bring a player on for the 3rd player (basically a team can only have 2 players short due to the Sin Bin. A Blue card laminated be give to officials as a 'Sin Bin Infraction.'

Any team who receives a Red card will play a player short for 5 minutes, but the carded player will take no further part in the game. That way all players will get to play

Discipline and Conduct

Guidelines for temporary dismissals (sin bins)

The referee has the power to show yellow or red cards and temporarily dismiss a player.

A Game official will issue a temporary dismissal when a player commits a cautionable (YC) offence and is punished by an immediate 'suspension' from participating in the next part of that match.

The length of the temporary dismissal is the same for all offences.

The length of the temporary dismissal shall be 10% of the total playing time (e.g. 9 minutes in a 90-minute match; 4 minutes in a 40-minute game.).

The philosophy is that an 'instant punishment' can have a significant and immediate positive influence on the behaviour of the offending player and, potentially, the player's team

The referee will indicate a temporary dismissal by showing a yellow card (YC) and then clearly pointing with both arms to the temporary dismissal area (between both benches). Once the temporary dismissal period has been completed, the player can return from the touchline with the referee's permission, which can be given while the ball is in play.

A temporarily dismissed player cannot be substituted until the end of the temporary dismissal period. If a temporary dismissal period has not been completed at the end of the first half the remaining part of the temporary dismissal period is served from the start of the second half.

If a team has two players serving time penalties and another player on the same team receives a time penalty, that player must go into the penalty box. The team must substitute players not serving time penalties to maintain the minimum number. The time penalty of the third player shall not commence until the time penalty of the first player has expired.

A player who is ejected (red card/2- yellows) from the game by the referee shall be sent off for the remainder of the duration of the game and his team shall play short for the next 5 minutes.

Red carded players will miss the next game whether this be a league game or a play-off game. The length of the suspension may be extended by the Discipline Committee if deemed appropriate.





THE CITY OF BRAMPTON OUTDOOR SPORT FACILITY

RAIN OUT POLICY

The criteria used by the Parks Department to determine if a field/diamond is judged to be unplayable is:

FIELD: a) Visual puddles of water on the surface of the field.

b) Water sponging up around your feet when you walk on the field.

If either of these conditions are in existence, the playing field is considered "UNPLAYABLE." In many instances the Parks Department attempts to post all soccer fields with a "Field Unplayable" sign.

If your group arrives at a soccer field with these conditions in existence, you are asked NOT to play on the field, which is a safety factor and you may cause damage to the field. The permit holder shall pay for all damages to the field arising from this type of facility abuse where he/she is considered responsible.

PROCEDURE TO FOLLOW DURING INCLEMENT WEATHER

The City of Brampton will update their website with a list of unplayable fields. If it has been raining, please visit the following address to check on any field closures...

http://www.brampton.ca/en/residents/Community-Centres/Pages/Outdoor-Sports-Fields.aspx

We will also update our website with any field closures from the City of Brampton.

THE CITY OF BRAMPTON RESERVES THE RIGHT TO CANCEL ANY PERMIT SHOULD THERE BE A BREACH OF THE CONDITIONS AND REGULATIONS OF THE PERMIT.





Dear Minor Sports Groups,

The summer of 2002 produced approximately 15 smog/heat alerts and with it an increased risk to all those with respiratory problems. Also, during these smog days it has been proven by health officials that children without current respiratory conditions can in fact develop them and those that have respiratory problems can become worse. With this information, parents are becoming increasingly concerned about their children taking part in various outdoor activities on smog/heat days.

Most summer groups currently cancel events/games for adverse condition such as lightning or waterlogged playing surfaces. The City is currently encouraging the Region of Peel to develop a Heat Emergency Plan (HEP). This is a difficult timely process that requires the Chief Medical Officer to draft the plan so completion for the summer of 2003 is highly unlikely.

Until an official HEP is implemented we will need assistance from all outdoor sports groups to ensure a temporary solution is implemented. Such a plan would recognize a heat/smog alert for Brampton when on is issued for Toronto. A commitment from coaches and officials will be needed to ensure that no player is punished when the miss a game or practice due to an alert. The administration officials of each organization must ensure this directive is followed as it is the most important aspect of the plan. No child should be held responsible and punished for the health concerns of their parents. The City of Brampton wishes to recognize heat and smog alerts as an allowable excuse for absence from a game or practice.

Numerous groups have already implemented plans to combat the heat exposure problems during games. Extra water breaks are made in some cases and activities that have 2 halves are altering the games to 4 quarters to allow for extra replenishment and rest. The City of Brampton would encourage all groups to change to similar formats to aid those participants who choose to play in the adverse conditions.

Please ensure that this information is included in all of the coach's binders for the 2003 outdoor season and all coaches understand the health risks that are associated with playing in extreme heat.

Thank you for your cooperation and assistance.



PEEL HALTON SOCCER ASSOCIATION COACH REGISTRATION FORM. (18 & Over)

Season – Indoor: 20 / 20 . Or Outdoor: 20 COACH CONTACT INFORMATION Full Name: Last Address: Street Address Apartment/Unit # Province City Postal Code Home Phone: Business Phone: E-mail Address: Cell# **COACH INFORMATION** Mth __ Day __ OSA Registrant # Gender: Birth Date **TEAM DETAILS** A Head Coach may only Register with two teams as Head Head Coach Assistant Coach Note: Position. Coach. **Brampton SC** Club Name Brampton Soccer Club Team Name: Division Name: League Name: Indoor: __ Mini Indoor ___ Youth Indoor ___ Senior Indoor ___ Pro Indoor ___ Mini Futsal ___ Youth Futsal ___ Senior Futsal ___ Pro Futsal Outdoor: Mini Outdoor ___ Youth Competitive ___ Youth Recreational ___ Senior Competitive ___ Senior Recreational ___ Pro Outdoor CONSENT FOR USE OF PERSONAL INFORMATION I authorize the Canadian Soccer Association, Ontario Soccer Association, The Peel Halton Soccer Association and my Club to collect and use personal information about me for the purpose of receiving communications from the Canadian Soccer Association, Ontario Soccer Association, District Association, League and Club. I understand that I may withdraw such consent related to receiving communications at any time by contacting the OSA Privacy Officer at OSAPrivacyOfficer@soccer.on.ca or by mail to: Attention: OSA Privacy Officer, Ontario Soccer Association, 7601 Martin Grove Road, Vaughan ON L4L 9E4. The Privacy Officer will advise the implications of such withdrawal. *We do not sell or distribute your personal information to any other third party not listed herein.* ACCEPTANCE OF TERMS AND CONDITIONS In consideration of the acceptance of my membership in the Ontario Soccer Association, District Association and Club, I, the participant agree as follows: 1. I understand that I cannot coach in any sanctioned soccer game until after this registration form has been validated and the registration data has been entered in The Ontario Soccer Association's computerized registration system. 2. I have reviewed the waiver attached and my signature affixed hereto indicates my agreement with such waiver 3. I am aware of The Ontario Soccer Association, Peel Halton Soccer Association, my Club and League bylaws, policies, rules and regulations and agree to abide by them and to be bound by them. 4. I accept sole responsibility for my possessions and athletic equipment. I accept all liability for any damage to the coaching equipment caused by me or my careless, negligent and/or improper handling. By signing and dating below you agree that you are the coach being registered and to be bound by this Legal Agreement even if you have not read this agreement. Date. Signature of Coach or Assistant Coach. For use by District Association For use by CLUB REGISTRAR SIGNATURE SIGNATURE Date

Date

ONTARIO SOCCER ASSOCIATION

WAIVER AND RELEASE OF LIABILITY (To be signed by coaches 18 yrs of age and older)

By signing this form you give up important legal rights. Please read carefully!

- 1. This is a binding legal agreement. As a Participant in the programs, activities and events of the Ontario Soccer Association, their Districts, Leagues and Clubs, the undersigned acknowledges and agrees to the following terms.
- 2. **Disclaimer.** The Ontario Soccer Association, their Districts, Leagues and Clubs, directors, officers, members, employees, coaches, volunteers, officials, participants, clubs, agents, sponsors, owners/operators of facilities, and representatives (the "Organization") are not responsible for any injury, damage or loss of any kind suffered by a Participant during, or as a result of, any program, activity or event, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.
- 3. **Description of Risks.** In consideration of my participation as a Participant in such programs, activities and events, I hereby acknowledge that I am aware of the risks and hazards associated with or related to soccer. The risks and hazards of soccer include, but are not limited to injuries from:
 - Executing strenuous and demanding physical techniques in soccer;
 - Dryland training including weights, running, and massage;
 - Grass, turf and other surfaces including bacterial infections and rashes;
 - Falls to the ground due to uneven or irregular terrain or surfaces;
 - Collisions with walls and soccer equipment;
 - Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - Spinal cord injuries which may render me permanently paralyzed;
 - Extreme weather conditions which may result in heatstroke, sunstroke or hypothermia;
 - Contact, colliding or being struck by other participants, spectators, equipment or vehicles;
 - Vigorous physical exertion and strenuous cardiovascular workouts;
 - Exerting and stretching various muscle groups; and
 - Travel to and from competitive events and associated non-competitive events which are an integral part of the organization's
 activities.
- 4. Furthermore, I am aware:
 - That injuries sustained in soccer can be severe;
 - That I may come into close contact with other participants, including the possibility of accidental and unexpected contact;
 - That I may experience anxiety while challenging myself during the activities;
 - That my risk of injury is reduced if I follow all rules adopted during training; and
 - That my risk of injury increases as I become fatigued.
- 5. Release of Liability. In consideration of the Organization allowing me to participate as a Participant, I agree:
 - a) To assume all risks arising out of, associated with or related to my participation;
 - b) To be solely responsible for any injury, loss or damage that I might sustain while participating; and
 - c) To release the Organization from liability for any and all claims, demands, actions and costs that might arise out of my participating, even though such risks, injuries, loss, damage, claims, demands, actions or costs may have been caused by the negligence of the Organization.

Accident Insurance

Executing this agreement will not preclude you from accident insurance coverage, subject to the terms and conditions of The Ontario Soccer Association's insurance policy.

Acknowledgement - By signing and dating below you agree that you are the coach being registered and to be bound by this Legal Agreement even if you have not read this agreement.			
Name of Participant Sign	nature of Participant	Date	